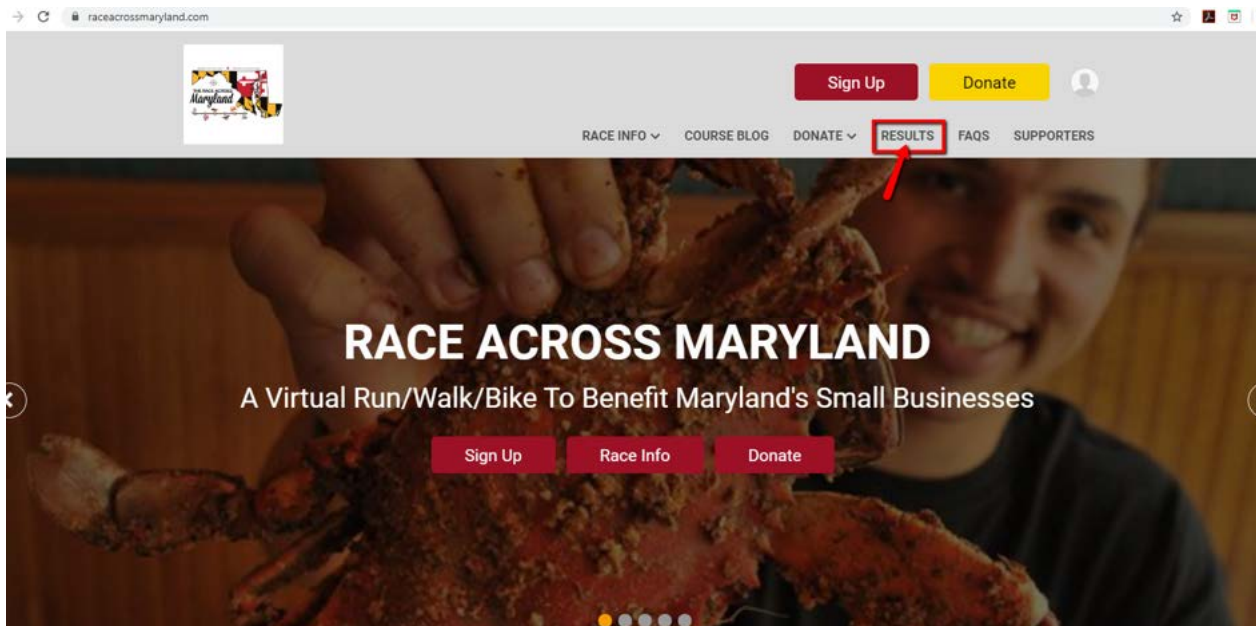


SUBMITTING YOUR RESULTS

Starting on June 15, you can begin to Log your Activities for the Race Across Maryland. This is simple to do by following these steps:

1. Visit www.raceacrossmaryland.com and click the RESULTS tab on the top of the page.



2. Look Yourself up by Name or by Email and Date of Birth

Race Across Maryland
Mon June 15 - Mon August 31, 2020
Anywhere, MD US 21075

[f](#) [t](#) [i](#) [@](#)

Participant Lookup

Search By Name OR Search By E-mail Address

First Name *

Last Name *

E-mail Address *

Date of Birth *

3. Click on the LOG ACTIVITY Button

Find A Participant

BIB NUMBER	NAME	EVENT	REGISTRATION DATE	OTHER DETAILS
1440	Chris Tomlinson More Details	Run Across Maryland West to East (250 miles over 60 days) Log Activities	May 9, 2020 at 7:07pm EDT	Gender: M Age: 48 City: Elkridge, MD US

[Lookup Someone Else](#)

4. Now you can log your miles for the day.

Chris Tomlinson: Run Across Maryland West to East (250 miles over 60 days)

Results will be accepted from Wednesday June 10, 2020 12:00:am EDT to Monday August 31, 2020 11:59:pm EDT. [Click here](#) for additional details.

New Activity

Activity * | Date Completed * | Distance in Miles * miles

Convert from:

Enter Your Time

HR MIN SEC

Comment

[Submit Activity](#)

- Under ACTIVITY you can select: Run, Walk or Treadmill; or Rode Inside, Rode Outside or Elliptical.
- Provide the DATE of the activity. NOTE: You will be able to log activities for past dates if you forgot to submit your mileage.
- Input your distance in MILES. If your tracker calculates mileage in KM or another, the system can convert it for you.

- d. Enter your TIME (optional). You are not required to provide a time but the system will track your time if you wish. Times will be listed in the results but sorted by total distance.
- e. Add a COMMENT (optional). This is not a requirement but will be added to your results page so you can look back on the memories of that activity. Add things such as who you ran with, the weather, or details about the location. *(It was a really hot day on the Magruder Branch Trail. My wife and I did 3 easy miles in the AM before the storm came.)*
- f. Be sure to click the SUBMIT ACTIVITY button when you are done. (You will be able to edit previous submissions later on if needed.)

5. You can see anyone's Results by searching their name in RESULTS LISTING. There will be different Results Sets for each distance and mode of transportation so be sure to search the correct set.

Results
Questions About Results? [Get in touch!](#)

Year: 2020 | Result Set: Run/Walk (250 mi)

Search by name, bib number, town, etc...

Place	Bib	Name	Gender	City	State	Distance in Miles	Progress	Time (optional)	Pace	Age	Age Percentage	Social Team Name
There are no results matching your search in the following event: Run Across Maryland West to East (250 miles over 60 days).												

< Previous | Page 1 of 1 100 per page | Next >

NOTE:

- Your results and times will be public and any one will be able to see your progress, time and your comments.

6. Social Teams will be able to view their groups times on a Group Detail page by clicking on their team name in the Results Listing.

Results
Questions About Results? [Get in touch!](#)

Year: 2020 | Result Set: Run/Walk (250 mi)

Search by name, bib number, town, etc...

Place	Bib	Name	Gender	City	State	Distance in Miles	Progress	Time (optional)	Pace	Age	Age Percentage	Social Team Name
1	1440	Chris Tomlinson	M	Elkridge	MD	93	37.2%	11:40:00	7:32	48	94.0	Noble Ridge Terrors

< Previous | Page 1 of 1 | 100 per page | Next >


Group Details ▾
Total Distance in Miles: 93 miles

Join & Share ▾
Join Social Team

Group Members

NAME	GENDER	AGE	LOCATION	TOTAL DISTANCE IN MILES
Chris T.	M	48	Elkridge, MD	93 miles
Gina H.	F	41	Gaithersburg, MD	0

7. You can see your progress by visiting the RESULTS page, searching your name and clicking on your name in the Results Listing.



Chris Tomlinson
Run Across Maryland West to East (250 miles over 60 days)
Male Age 48 Elkridge, MD

[Log Activities](#)

BIB

1440

[Certificate](#)

90 of 250 miles

0
250

Progress

36%

DISTANCE IN MILES	GUN TIME	PACE
90	11:20:00	7:33
OVERALL		
1 of 1		

Activities [Log Activities](#)

- June 16, 2020**
Run: 3 miles 20:00 Cool Down Day just to stretch my legs after a hot one on Monday.
- June 15, 2020**
Run: 10 miles 3:00:00
This was my virtual run for the Baltimore 10-Miler. It was a hot and humid day but I did the original B10 course. Fair but Hilly!!
- May 29, 2020**
Walk: 50 miles 5:00:00 I had a good day on the App Trail
- May 27, 2020**
25 miles 3:00:00 Did a marathon today!
- May 26, 2020**
Run: 5 miles 20:00 Walk with the wife

8. You can also see your progress along a map based on your submitted results to date.

